

#### Disclaimer

- Like any sport, mountain biking involves risk of injury and damage. You use these trails at your own risk.
- Every effort has been made to ensure this information is accurate at the time of writing however should be considered general information only.
- No liability is accepted for any decisions or actions taken on the basis of this information.
- Users are advised not to enter the trails on severely wet or windy days due to the risk of tree fall.
- Follow signage directions at all times.
- All trails are closed on declared Extreme or Catastrophic Fire danger ratings.

# Rider Safety

There is variable phone coverage in areas of this trail.

Be prepared and carry appropriate first aid.

Before setting out, all riders should download and familiarise themselves with the Apps and services below in case of an emergency.



**Emergency Plus** 



ESTA Emergency Markers



/// What3words



Vic Emergency

### **Trail Code of Conduct**

- Always wear a helmet and other appropriate safety gear.
- Ride only where permitted and on open trails only.
- Leave no trace Keep to existing trail lines, avoid skidding and take all litter home.
- Control your bike Ride to your ability and with due care.
- Respect other trail users Say hi, let others know you are there and pass wide and slow.
- Never stop in trail blind spots or in the landing zone of jumps and drops
- Avoid scaring the wildlife Animals are easily startled by bikes, give them extra room and time to pass.
- Always plan ahead Know your bike, equipment and the area you will be riding in.

- If in doubt, inspect, walk or bypass difficult sections.
- On two way trail segments, downhill riders give way to uphill riders.
- On multi-use trail segments, riders give way to other trail users.

## **Report Trail Hazards**

Report trail hazards using the Trailforks App.

## Feedback

Find us at ridehighcountry.com.au

