Falls Creek is more than your regular ride. It’s a 40km+ playground of pristine singletrack, fully shuttled, maintained and patrolled. Iconic trails in true mountain terrain, it’s the perfect mix for beginners through to pro. Riding Victoria’s High Country starts here.  falls creek.com.au
Pedal worry free with a Bicycle Network membership

- Third-party coverage
- Medical coverage
- Income protection

Join now
bicyclenetwork.com.au/membership

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Welcome to the High Country. You're standing in my backyard and I couldn't be more stoked to have you here!

Growing up just a stone’s throw from Mount Beauty, I was spoilt for choice when it came to cycling, from incredible mountain biking to great road riding. Spending all my spare time riding bikes with my four brothers, we had endless options for epic adventure, racing each other on new trails and having the time of our lives.

I’ve travelled the world riding and racing my bike, from Europe to Asia to the Americas, but there is something special about the High Country - something that you can only feel and experience right here.

Not only do we have some of the best riding, but we have stunning scenery, a bevy of local producers of beer, wine and cider plus the regional produce and food here are top notch.

Really, is there anything better than spending the day riding bikes: road, mountain, gravel or the rail trail and then rolling straight to the local brewery!? There it’s completely acceptable to lean your bike against the fence, grab a beer and enjoy great food. And keep an eye out for Ride High Country Preferred businesses, they’re ready to cater to your every wish.

Do me a favour. Grab your bike, explore, get out of your comfort zone and see everything that cycling in the High Country has to offer… maybe I’ll see you out there!

Paul van der Ploeg
Mountain Bike World Champion
GETTING HERE

CAR
From Melbourne • Travelling north, take the Hume Freeway and in only two hours you will be in Benalla. A little further on is the Wangaratta exit and the exit for the Great Alpine Road. For Mansfield and Mt Buller take the Maroondah Highway from Melbourne.

From Canberra • Travelling south, take the Hume Freeway to Albury/Wodonga and in four hours you will arrive at the northern tip of the High Country. Take the Wodonga exit for Beechworth and Tallangatta, or exit at the Great Alpine Road for Bright, at Wangaratta for Milawa, at Chiltern for Rutherglen or Beechworth and exit at Benalla for Mansfield.

TRAIN
The V-Line Seymour Line train departs Melbourne’s Southern Cross Station stopping at the High Country stations of Benalla, Wangaratta, Springhurst, Chiltern and then on to Wodonga and Albury. Southbound, the Country Link train departs Sydney for Albury. The XPT Melbourne to Sydney Line runs daily, stopping at key High Country stations.

PLANE
From Melbourne Airport, it is just two hours drive north to Benalla. And to the north, Albury Regional Airport is only 45 minutes to Tallangatta or Beechworth and is serviced by Qantas Link, Virgin Blue and Regional Express. Secure parking and car hire facilities are available.
ROAD RIDING

Victoria’s High Country is Australia’s favourite road cycling destination. With terrain options to suit every level of cyclist and exhilarating views, visitors from the world over return time and time again.

With six of the toughest 15 road climbs in the country, the mountains of Victoria’s North East are unparalleled. Mount Buffalo is arguably one of the most favoured climbs by cyclists, locals and visitors alike. The 20km climb keeps a steady gradient of 5%, winding its way up the mountain showcasing picturesque vistas throughout. Perhaps you’re looking to really challenge your legs and lungs with one of the toughest climbs in the country, Harrietville to Hotham? At 30km in length and with steep gradients, false flats and two short descents, Mt Hotham is a true challenge for all, finishing in a truly unique location on top of the mountain.

If you’re looking for kudos, the 7 Peaks is the ultimate personal test. This ‘at your own pace’ cycling challenge runs from October to April and encompasses seven of Australia’s most incredible climbs: Mount Buffalo, Hotham, Dinner Plain, Falls Creek, Lake Mountain, Mt Buller and Baw Baw. Conquer your first mountain climb or commit to all seven. Simply visit 7peaks.com.au and get ready for the adventure of a lifetime.

Not keen to tackle the mountains but still looking to test your mettle? The popular Gaps Loop takes in some beautiful rolling countryside and shorter climbs. Starting in Bright, head down the Ovens Valley on the Murray to Mountains Rail Trail to Ovens (Myrtleford), through Rosewhite to the Kiewa Valley. But save a little in the tank for one final push over Tawonga Gap, before rolling back to Bright.

Or why not consider exploring some of the lesser known cycling routes in the High Country, where you will find quiet country roads and scenery that is nothing short of stunning? The King of the Hill ride in Rutherglen, at almost 100kms and covering some good climbing, is a challenge – but if you haven’t had enough take the 3km detour right to the top of Mt Pilot for immense views. Or perhaps you’re after something more gentle? The Towong Loop in the Upper Murray takes you around the base of Mt Mitta Mitta on beautiful rolling country roads where traffic is the least of your concerns.

We promise there is something for every road cyclist in Victoria’s High Country!
ROAD highlights

PEAKS CHALLENGE FALLS CREEK
Ranked as one of the top 10 Gran Fondos in the world by the Global Cycling Network (GCN), and the only one to feature on this list in the Southern Hemisphere. Tackle the 235km loop with over 4000m of elevation which includes three major climbs: Tawonga Gap, Hotham and the feared back side of Falls Creek. The combination of demanding terrain and picturesque views makes this an incredible ride in every sense.

RACE HIGH COUNTRY
Victoria’s North East is home to some of Australia’s best racing, on the domestic and international levels. Visit the High Country to race The Tour of Bright, The Tour of King Valley, The Tour of Mansfield or watch the top level pros go head to head in stages of the Jayco Herald Sun Tour. Come and ride the same roads that Australia’s elite cyclists train on, or the same route as the pros… and see how your times compare.

ROLLING VALLEY ROADS
The High Country is not only known for its iconic mountain climbs, but also the stunning valley roads that connect its towns and villages. Expect undulating country roads surrounded by rolling green fields and don’t be surprised to see beautiful views even while low in the valley. The Kiewa Valley, Happy Valley, King Valley, Goulburn Valley, Mitta Valley and the Great River Road Touring Route are just a few of the must-ride locations in the High Country.
MOUNTAIN BIKING

Victoria’s North East is a mountain biker’s paradise. Featuring seven purpose-built mountain bike parks, back-country mountain biking, plenty of facilities and a community of locals and trail builders who keep dishing up new trails on a regular basis.

The diversity of the trail networks, combined with the variety of terrain, makes the High Country a truly special destination for mountain biking. Having played host to the Australian MTB National Championships for Cross Country and Downhill on a number of occasions, it highlights the quality of trails the region has to offer.

Beginner mountain biker to elite athlete, cross country through to downhill, and everything in between: everyone will find exactly what they are looking for right here in the High Country and perhaps something they never expected.

Expect buff and fast flow trails in Bright and Falls Creek, raw and natural trails in Mount Beauty and Yackandandah, crunchy singletrack in Beechworth, alpine scenes in Dinner Plain and plenty of climbing on Mt Buller.

The High Country’s mountain bike parks are constantly evolving, with new trails being built every day! Be sure to visit the local bike shop for some insider knowledge and consult park signage for the latest updates and info on how to access that brand new trail you’ve been dreaming of.

Happy exploring!
**BEECHWORTH** — Beechworth is a slightly under-the-radar MTB park that is dishing up some excellent cross country singletrack. Using the landscape to create challenging yet fast trails, expect huge granite boulders, crunchy surfaces that are ideal for drifting and some perfect jumps too. A handful of downhill and gravity focused runs truly put this park on the map.

**BRIGHT (MYSTIC)** — Serves up singletrack and fire road climbs for days which lead to views over the entire valley. Get ready for Australia’s best fast flowy descents or choose a technical gravity trail to test your skills. The riverside trails are perfect for those looking for an easier ride.

**DINNER PLAIN** — The perfect MTB destination when temperatures start to rise. Situated in the trees above 1500m, its high altitude makes this place a cool change from the parks located in the valleys. Featuring flowy natural trails, plenty of climbing, sweet descending, a pump track in the car park and even some downhill shredding.

**FALLS CREEK** — Falls Creek has some of Australia’s most talked-about trails, featuring manicured flow trails, gnarly downhills and plenty of cross country singletrack. There’s a heap of elevation change to enjoy, accessed via pedal power to earn your descent or you can take advantage of the shuttle services on offer, to bag as many runs as possible.

**MOUNT BEAUTY (BIG HILL)** — One of the original mountain bike destinations in Australia and still a favourite for its old school cool trails. The cross country riding here is raw and natural, the variety of easy to technical trails make this perfect for any level of rider. Newly minted gravity trails along with shuttle services mean this MTB park is a must-visit.

**MT BULLER** — Home to Australia’s only internationally acclaimed Epic Trail, 40kms of perfection, makes this a world-class mountain bike destination. Expect everything from sweet flow to gnarly climbs and all the singletrack your heart could desire!

**YACKANDANDAH** — The High Country’s newest MTB park. Keeping true to the town’s sustainable roots, the trail network uses the contours of the landscape including the old gold mining routes to create twisty and smooth singletrack that weaves its way through the bushland. A cross country mountain biking paradise!
RAIL TRAIL

Victoria’s North East is home to the largest rail trail network in the Southern Hemisphere. The extensive network covers close to 300kms of easy-to-ride, cycle specific paths with three signature rail trails, plus a couple of great offshoots to explore.

The longest continuous rail trail in Victoria at 134kms is the Great Victorian Rail Trail. From Tallarook through Yea to Mansfield, ride through the Cheviot Tunnel, explore the Trawool Valley and enjoy the stunning scenery on offer.

Close the the NSW border hugging the shoreline of Lake Hume is the High Country Rail Trail. The main section of this trail runs for almost 85kms from Wodonga to Shelley Station, crossing the spectacular Sandy Creek Bridge. Shelley Station is Victoria’s highest historic railway station (so you know you are in for a climb!) whilst the Dry Forest Creek Trestle Bridge in Bulloch has recently been reopened following 8,000 hours of volunteer based renovations.

The Murray to Mountains Rail Trail is Australia’s longest sealed rail trail and the High Country’s most popular. Winding through the stunning Ovens Valley from Wangaratta to Bright, it also has a number of alternate routes including offshoots to Beechworth, Wandiligong and around Rutherglen. The ‘M2M’, as locals call it, passes right by cafes, cellar doors, breweries and local produce farm gates.

Experience the High Country’s historic towns, gourmet food and wine, spectacular scenery and local events all by bike. Farmers’ markets, festivals and cycling events mean you will never be short of things to see and do when you Ride High Country. Check our online events calendar to plan your next High Country experience.
RAIL TRAIL highlights

**SHORT AND SWEET**  The options are endless when it comes to exploring rail trails from your accommodation’s door. Choose a family friendly route that the kids will love like the 15km round trip between Bright and Porepunkah, grabbing a milkshake at the Rail Trail Cafe. Perhaps a romantic afternoon is more your style; the 10km return trip from Milawa to Sam Miranda is a lovers’ delight. The trail passes gourmet cafes, the famous Milawa Cheese Company and delivers you right at the Sam Miranda Cellar Door.

**WEEKEND AWAY**  The Great Victorian Rail Trail is the longest continuous rail trail in Victoria at 134kms. It meanders along the Goulburn Valley, through the lush Trawool Valley and crosses Lake Eildon. Starting in Mansfield, pack your panniers and hit the rail trail for a weekend adventure, staying in accommodation en route. Enjoy local produce from farm gates, including cheese, honey, wine and craft beer.

**PEDAL TO PRODUCE**  There are three Pedal to Produce routes to choose from in Milawa, Rutherglen and from Bright to Wandiligong. Follow your chosen produce trail past lush streams, stunning valleys and through picturesque historic towns. Ride your way right up to farm gates, cellar doors and breweries to fill your basket with fresh local delights, purchased straight from the producers. Grab a copy of your favourite Pedal to Produce route from your accommodation or online, and head out on your bike to experience the very best the High Country has to offer.

pedaltoproduce.com.au
GRAVEL GRINDING

Victoria’s High Country is a must-visit destination for cyclists who are searching for adventure on the roads less travelled. Stunning gravel roads meander through thickly forested valleys, tilt skywards over epic mountain passes and undulate across ridgelines.

Gravel riding in the High Country really is ‘choose your own adventure’. With an almost infinite number of gravel roads, there is something for everyone. Plan a loop, from a couple of hours to a full day, starting in the heart of your favourite town. You’ll never be too far from civilisation but you’ll be transported on a journey a million miles away.

If a multi-day bikepacking adventure is more your style, you won’t be disappointed with what’s on offer. Seemingly endless gravel roads covering serious elevation will challenge even the toughest of riders, whilst there is an abundance of undulating fire roads and flat country lanes also on offer. Plan a route that takes you from town to town, where you can stay in the myriad of Ride High Country Preferred accommodation options or pack your supplies and head off grid.

There are also some excellent gravel events to put in your calendar, including the Tour de Beechworth. Grab your friends and saddle up for a weekend of fun and adventure in the mid-winter. Cold air, picturesque views and quiet roads, finishing at the Bridge Road Brewers... you’ll be talking about it for months to come.
Local gravel guides, The Gravel Mob, have the crossing of the Black Range on their bucket list. Located between Mount Buffalo and the King Valley, it is best completed out and back over two days. Depending on your chosen route, it combines around 120km of logging roads, fire trails and access tracks through lush farmland, native forests and dramatic vineyards. Mostly flat besides a few steep pinches, the feed waiting for you at the Whitfield Pub is a worthy reward for your efforts.

This fun-filled gravel event, hosted by Bridge Road Brewers of Beechworth, is the perfect excuse to enjoy the crisp air of mid-winter. The main route takes in 80kms and over 1500m of elevation. Starting from the town of Beechworth you’ll make your way through the rolling hills of Chiltern National Park, the smooth surfaced gravel roads and stunning backdrop will have you wanting more. The solid climb to the summit is worth the views and refreshments at the top, before a downhill finish back to Bridge Road Brewers. Bring your friends or make some new ones on the day, this is one for the books.

Smooth and flat gravel trails are just a quick jaunt from the center of Benalla. The Benalla-Mokoan Discovery Trail is a bike path that leads from Benalla to the Winton Wetlands; where you can take in the flora and fauna as you ride around this natural sanctuary. Grab a coffee from the cafe before continuing your ride to the Boggy Creek mural – this line of trees painted with fish is quite the sight! This is a fun and easy ride, perfect for a sunny afternoon.

You can sense the history in this valley as you track the paths of the gold rush pioneers and mongrel bushrangers along Reedy Creek, between Beechworth and Eldorado. A mostly excellent gravel road surface winds past old hideouts, a spectacular waterfall and craggy granite tors. Many of the side-tracks are worth exploring too.
RHC EVENTS

JANUARY
ALPINE CLASSIC, BRIGHT • R alpineclassic.com.au
VIC DOWNHILL SERIES - MT BULLER ROUND • M vdhs.com.au

FEBRUARY
JAYCO HERALD SUN TOUR 2020 • R heraldsuntour.com.au
VIC MTB CHAMPIONSHIP SERIES - FALLS CREEK ROUND • M vicchampseries.com.au
VIC ENDURO TOUR - FALLS CREEK ROUND • M victorianendurotour.wordpress.com
LAKE HUME CYCLE CHALLENGE • R lakehumecyclechallenge.com.au
HIGH COUNTRY CHARITY RIDE • R tourdecure.com.au

MARCH
BIKE BULLER FESTIVAL • M bike.mtbuller.com.au
VIC ENDURO TOUR - MT BULLER ROUND • M victorianendurotour.wordpress.com
VIC DOWNHILL SERIES - MOUNT BEAUTY ROUND • M vdhs.com.au
2020 NATIONAL MOUNTAIN BIKE CHAMPIONSHIPS, BRIGHT • M mtba.org.au
PEAKS CHALLENGE FALLS CREEK • R bicyclenetwork.com.au
MANSFIELD TOUR • R mmbcc.org.au
THE HUNGER RIDE • R thehungerride.com.au
HIGH COUNTRY WOMEN’S CYCLING FESTIVAL • R+M hcwcf.com.au

APRIL
BEECHWORTH BLUE DIRT BLOWOUT • M bluedirt.com.au
JOYRIDE MT BULLER • M allterraincycles.com.au

EASTER
KING VALLEY ESCAPE • R+G+RT
kingvalleyescape.com.au
HIGH COUNTRY BREWERY TRAIL TOUR • G gravelmob.com.au

JUNE
VIC CYCLOCROSS SERIES - MOUNT BEAUTY ROUND • G vic.cycling.org.au

JULY
TOUR DE BEECHWORTH • R+G bridgeroadbrewers.com.au

AUGUST
NATIONAL CYCLOCROSS CHAMPIONSHIPS • G mtba.org.au

SEPTEMBER
ALFRED 6 HOUR, BRIGHT • M alfred6hour.org.au
MCKAYOS GRAVITY ENDURO - FALLS CREEK • M mckayos.com.au

OCTOBER
TOUR OF THE KING VALLEY AND GRAN FONDO • R nationalroadseries.com
NED KELLY CHASE WANGARATTA • R nedkellychase.com.au
VIC MTB CHAMPIONSHIP SERIES - BEECHWORTH AND YACKANDANDAH ROUNDS • M vicchampseries.com
5ZERO, BRIGHT • G 5zero.com.au
TALLANGATTA TALL TREMLEAD • RT highcountryrailtrail.org.au

NOVEMBER
TOUR OF BRIGHT • R tourofbright.com.au
BEECHWORTH GAOL BREAK • G gravelmob.com.au
CHILTERN MO RIDE • RT chilternvic.com
IGNITION MTB FESTIVAL - FALLS CREEK • M ignitiononmtb.com.au
VIC ENDURO TOUR - MOUNT BEAUTY ROUND • M victorianendurotour.wordpress.com
PATCH TO PATCH PEDAL, BEECHWORTH • RT explorebeechworth.com.au

DECEMBER
MAGNIFICENT MITTA MOUNTAIN RIDE • R mittavalley.com.au

OCTOBER TO APRIL
7 PEAKS SEASON • R 7peaks.com.au

• M = Mountain Biking
• G = Gravel Grinding
• R = Road Riding
• RT = Rail Trail
## MOUNTAIN BIKE grading system

It’s important that you understand the five ride categories to find a trail suitable to your ability for maximum enjoyment. For detailed information on ride difficulty and types go to ridehighcountry.com.au

<table>
<thead>
<tr>
<th>TRAIL RATING</th>
<th>LEVEL OF DIFFICULTY</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>VERY EASY</td>
<td>Beginner/novice cyclists. Basic bike skills required. Suitable for most bikes. Likely to be a fire road or wide singletrack with a gentle gradient, smooth surface and free of obstacles.</td>
</tr>
<tr>
<td></td>
<td>EASY</td>
<td>Likely to be a combination of fire road or wide singletrack with a gentle gradient, smooth surface and relatively free of unavoidable obstacles. Beginner/novice mountain bikers. Basic mountain bike skills required. Suitable for off-road bikes.</td>
</tr>
<tr>
<td></td>
<td>INTERMEDIATE</td>
<td>Likely to be a singletrack with moderate gradients, variable surface and obstacles. Skilled mountain bikers. Suitable for mountain bikes.</td>
</tr>
<tr>
<td></td>
<td>DIFFICULT</td>
<td>Likely to be a challenging singletrack with steep gradients, variable surface and many obstacles. Experienced mountain bikers with good skills. Suitable for better quality mountain bikes.</td>
</tr>
<tr>
<td></td>
<td>VERY DIFFICULT</td>
<td>Very difficult trails will incorporate very steep gradients, highly variable surface and unavoidable, severe obstacles. Highly experienced mountain bikers with excellent skills. Suitable for quality mountain bikes.</td>
</tr>
</tbody>
</table>

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## CYCLE TOUR companies

Are you planning your first cycling adventure in the High Country? Looking for a new challenge? How about a new group of friends to share your Ride High Country experience with?

With extensive knowledge of our region, the High Country has a number of tour operators offering a range of tour options from MTB shuttle facilities to multi-day gourmet cycling tours and itineraries designed to help you conquer the 7 Peaks.

**ALL TERRAIN CYCLES**  
03 5775 2724  
allterraincycles.com.au

**ALLTRAILS BICYCLE TOURS**  
03 9802 4465  
alltrails.com.au

**BLUE DIRT**  
MOUNTAIN BIKING  
0409 161 903  
bluedirt.com.au

**BRIGHT ELECTRIC BIKES**  
03 5755 1309  
brightelectricbikes.com.au

**BRIGHT MBT**  
0447 508 258  
brightmbt.com.au

**FOLLOW MY WHEEL**  
PRODUCE TOURS  
0422 175 345  
followmywheel.com

**GRAVEL MOB**  
0416 100 923  
gravelmob.com.au

**MOUNTAIN BIKE TOURS AUSTRALIA**  
03 9393 1355  
mountainbiketoursaustralia.com.au

**MULGA BICYCLE TOURS**  
02 6262 3957  
mulgabicycletours.com.au

**MYRTLEFORD CYCLE CENTRE**  
03 5752 1511  
myrtlefordcycle.com

**ROCKY VALLEY BIKES**  
03 5754 1118  
rockyvalley.com.au

**THE BIKE HIRE COMPANY**  
0400 345 648  
thebikehirecompany.com.au

**THE SILVER SERVICE**  
0448 924 871  
thesilverservice.com

**TOUR DE VINES**  
1300 665 330  
tourdevines.com.au

**VISIT BENALLA TOURS**  
0447 343 439  
benallatours.com.au

**WIDE OPEN ROAD**  
0411 362 644  
wideopenroad.net.au
This beautiful village at the top of a granite plateau surrounded by forests and rolling farmland is fast becoming one of the High Country’s favourite cycling destinations. There are rides to suit anyone on two wheels, accommodation from budget to five star, award-winning restaurants, two sensational craft breweries and history to soak up and explore.

Beechworth was built on the prosperity brought by gold in the 1850s and the streetscapes are largely unchanged since then, with wide tree-lined avenues, shady verandahs and quaint stores these days filled with cafes serving excellent coffee and great food alongside many funky boutique shops.

Explore the Historic Precinct with its National Trust-listed buildings including the courthouse where Ned Kelly was committed to stand trial for murder. Take a Rogues, Ratbags and Mongrel Dogs tour of the nearby Old Beechworth Gaol where Ned, his mum, brother and uncle all did time. Then finish with a tipple at the newly renovated historic Billson’s Brewery on Last Street or back to Ford Street for a Bridge Road Brewers ale at the old Coach House.
**HIGHLIGHTS**

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**Gravel For Days** Smooth gravel roads, undulating countryside and climbs to challenge every level of rider. Beechworth and the surrounding towns are interlaced with some of the best gravel roads you will find in the High Country. Pack some supplies and head out for an all-day epic, challenge yourself by tackling the climb to Stanley or simply wind your way through the countryside where you are never far away from the township.

---

**Golden Rail Trail** Recreational cyclists will love the extension of the Murray to Mountains Rail Trail, linking the existing trail in Beechworth to Yackandandah, to be completed in 2020. The 31kms of family friendly rail trail will wind through bushland, past local farm produce gates and historical sites. Collect some supplies on your way out of town and get ready to enjoy the undulating terrain and serenity all around.

---

**Epic MTB** The Beechworth MTB Park has cemented its position as one of the High Country’s favourite riding destinations. Escape to a singletrack paradise, in a natural bushland setting that offers granite features and a surface that impossibly gets even better with rain! And soon, Beechworth will be home to the High Country’s second Epic Trail. Take a couple of days to explore... expect fast twisting trails whichever direction your bike takes you.

Detailed maps at ridehighcountry.com.au
ArtScape Cottage Beechworth
After your day riding, lock your bikes in our shed and relax! Enjoy our complimentary bubbles and treats – soak in the double spa bath – play the piano, guitars or banjo – create your art! Comfy queen bed awaits. The next morning, enjoy our specialty breakfast on the sunny verandah, with many native birds for company. Be prepared to stay longer at ArtScape!

Cottage 3 at 24 Malakoff Road, BEECHWORTH
0455 290 011 • stay@artscapecottagebeechworth.com.au
artscapecottagebeechworth.com.au

Beechworth Bakery
Find us in three fantastic locations – Beechworth, Yackandandah and Bright – right in the heart of Australia’s best cycling region. Go slow or go hard, we are perfectly situated for easy refuelling. Make sure you take advantage of our cycle special, exclusive to this guide: get two free (wheeling) cinnamon donuts with any beverage purchased (simply present this coupon).

27 Camp Street, BEECHWORTH
1300 233 784 • enquiries@beechworthbakery.com.au
BeechworthBakery.com.au

Beechworth Holiday Park
A hidden treasure set in bushland on the edge of the Historic Park, 1.5kms out of Beechworth. Offering pet friendly sites, a holiday house, cabins, swimming pool, playground and go kart/bike hire; we are in an ideal location for bush-walking, road/mountain bike riding, bird watching and exploring Beechworth’s magnificent history.

151 Stanley Road, BEECHWORTH
03 5728 1597 • contact@beechworthholidaypark.com.au
beechworthholidaypark.com.au

Beechworth Lake Sambell Caravan Park
Visit beautiful Lake Sambell Caravan Park located in the heart of Beechworth, within walking distance to the centre of town. The park offers powered and un-powered sites, en suite cabins and on-site caravans. Guests can enjoy the very clean amenities, laundry, camp kitchen and undercover BBQ areas. Mountain bikes, canoes and kayaks available for hire.

20 Peach Drive, BEECHWORTH
03 5728 1421 • contact@caravanparkbeechworth.com.au
caravanparkbeechworth.com.au

Bridge Road Brewers
Established in 2005 in the iconic Australian town of Beechworth, comes this equally iconic brewery. Born (in the family shed) from a passion for beer, for more than a decade, The Bridge Road Brewers name has been synonymous with beer of the highest quality. Their brewpub and its famous pizzeria are the perfect places to rehydrate and refuel after a day on the bike.

Old Coach House, Ford Street, BEECHWORTH
03 5728 2703 • venue@bridgeroadbrewers.com.au
bridgeroadbrewers.com.au
Firebox Bakery
120-year-old historical wood fired Scotch oven bakery and cafe. Naturally leavened sourdough baked like our grandparents and great-grandparents used to eat. Danish and pastries. Using only the best locally sourced and mostly organic products.

99 Main Street, ELDRADO
03 5725 1725 • fireboxbakery@outlook.com.au
fireboxbakery.com.au

Garden Cottage Stanley
Garden Cottage is an exceptionally comfortable, sustainably run cottage set within our stunning, established garden. Self-contained, the cottage is very well equipped, cozy and secure. Stanley is known to North East biking enthusiasts as a premier destination and is just 10 minutes from historic Beechworth with all of its cycling paths and connections.

28 Pioneer Road, STANLEY
0490 405 685 • jindian@westnet.com.au
gardencottagestanley.com

Golden Heritage Accommodation
Take in the picturesque views of historic Beechworth from wide elevated verandahs and decks surrounding the motel, self-contained spa cottages and apartments. The three styles of accommodation are spread out over our large property that attracts an abundance of bird life and makes it an ideal starting point for a bike riding adventure.

51 Sydney Road, BEECHWORTH
03 5728 1404 • contact@goldenheritage.com.au
goldenheritage.com.au

Gravelmob
The best way to experience the amazing gravel riding in Victoria’s High Country is with Gravelmob. Draw on our local knowledge and passion for seeking out the best backroads. Fully equipped gravel bikes, guided and self-guided day rides, overnight and multi-day adventures and events – with everything taken care of.

C/- Old Beechworth Gaol, Corner William and Ford Streets, BEECHWORTH
0423 844 163 • bookings@gravelmob.com.au
gravelmob.com.au

Ride Republic
An electric mountain bike adventure company based out of the Old Beechworth Gaol. Come and explore the amazing surrounds on one of our self-guided tours. Starting in the historic village of Beechworth, all of our rides connect the visitor with unique parts of our landscape including stunning lookouts, waterfalls and significant historic sites.

Old Beechworth Gaol, William Street, BEECHWORTH
0417 116 571 • info@riderepublic.cc
riderepublic.cc

#escapees

Last seen cycling the beautiful trails in North East Victoria
Plot your cycling escape with Tour de Vines
tourdevines.com.au 1300 665 330
Tour de Vines

Our customers love our self-guided and small group guided tours on the Murray to Mountains Rail Trail. From one day to six days, let Tour de Vines organise a memorable cycling escape for you with exclusive accommodation, wine tastings, meals, bike, support all taken care of. Trip Advisor Certificate of Excellence winner 2015/16/17/18 and 2019 – Hall of Fame Inductee.

Old Beechworth Gaol, cnr Williams and Ford Streets,
BEECHWORTH • 1300 665 330 • inquiry@tourdevines.com.au
tourdevines.com.au
For several years now, scores of some of the world’s most talented street artists have beelined for Benalla to create dozens of stunning large-scale artworks. Adorning walls, buildings and silos in and around the town as part of the annual Wall to Wall festival.

Take a self-guided tour around the town to view this sensational outdoor gallery, or pick up a map of the Silo Art Trail from the Visitor Information Centre and explore the out of town series of monumental canvases by bike.

Not all of the art here is outdoors. The Benalla Art Gallery is one of regional Australia’s best, with an excellent permanent collection of Australian works spanning 19th Century colonial to 21st Century contemporary.

Just out of town, the Winton Wetlands are great for an easy gravel ride to appreciate an important haven for more than 180 species of birds. Head to the Mokoan Hub Cafe for breakfast, lunch or a late afternoon taste of one of the local wine region’s best drops.
The thriving art scene in Benalla is a must see, and even better when you can do it by bike! Boasting over 50 murals in the township, it is one of the most densely populated outdoor street art galleries in Australia. A bike, a map and an hour is all you need to take a self guided tour of the Wall to Wall art. Why not include a stop at the Botanical Gardens for a picnic lunch to make a day of it?

Looking for an easy morning ride? Why not head out on a 40km round trip to the Goorambat Art Silo. The mostly flat route will take you past these enormous masterpieces that showcase endangered birds of prey, Clydesdale horses and depictions of the rural landscape. Finish the ride with a coffee from Benalla Art Gallery and sit on the banks overlooking the beautiful Lake Benalla.

This road route is a local’s favourite and takes in almost 65kms of lightly undulating roads. Heading out from Benalla, you take a scenic loop around the Winton Wetlands, following the old shoreline, before turning right and heading back into town. Either take it slow and enjoy the views or see how fast you can complete the loop.

Detailed maps at ridehighcountry.com.au
Mokoan Hub & Cafe
The Mokoan Hub & Cafe is the perfect place to begin your exploration of the Winton Wetlands. Not only can you get delicious food and drinks, you can also source information about the site and the renewal project, and overlook the vast and picturesque Winton Wetlands.

652 Lake Mokoan Road, CHESNEY VALE
03 5766 4462 • info@wintonwetlands.org.au
wintonwetlands.org.au

Visit Benalla Tours
Visit Benalla Tours: passionate locals helping you get the most out of Victoria’s High Country experience. Bike hire, transfers, information on places to see and stay. You can contact us seven days a week or say ‘hello’ Saturday, Sunday, Monday and Tuesday 10am-4pm. Enjoy coffee, tea, homemade cakes, scones and slices at the Bootmaker’s Shop, Benalla.

64A Arundel Street, BENALLA
0447 343 439 • tourism@visitbenalla.com.au
visitbenalla.com.au
If the High Country is Australia's premier cycling region, Bright is its beating heart.

This town lives and breathes cycling of all kinds, and a host of local businesses are there to offer riders tailored accommodation options, outstanding food, wine, craft beer and spirits as well as truly stunning natural surroundings to explore. Off the bike, adventurous souls can try paragliding, abseiling, caving, hiking or kayaking the lovely Ovens River that flows through the town.

For standout beans in a cup, head to 15 Wills St, a coffee place by day and gin palace by night in the hands of the genius chefs/distillers from Reed & Co. A burger, or anything else at Tomahawks, will always hit the mark and for fancier nosh, head to Elm Dining. At the end of every ride, there's always beer – and few do it better than Bright Brewery, owned by Scott Brandon, a mountain biker who knows how to make cyclists welcome.
HIGHLIGHTS

**An Apple A Day**

Pedal to Produce is the perfect way to explore a little further afield with the family. Saddle up on a hire bike or e-bike (from Cyclepath or Bright Electric Bikes) and head down the beautiful tree lined bike path to Wandiligong. Streams, valleys, orchards and galleries are all within an 8km pedal from the heart of Bright (and longer if you’d like). Ride to Nightingale Bros Alpine Produce Store and enjoy an apple cider or ice cream in the sunshine before an easy pedal back to Bright.

**The New Kid On The Block**

Move over Hero Trail, there is a new kid on the block. Come and experience the newly built trail in the Mystic Mountain MTB park. Shred Kelly’s Last Stand is super fast, flowy and truly shred-worthy. Scrub the jumps, rail the berms and let gravity take you from top to bottom at high speed!

**Mount Buffalo & The Horn**

Looking to complete one of your 7 Peaks Rides, but also want to tackle some epic gravel? Then head to Mount Buffalo. The Mount Buffalo Chalet climb has an average gradient of 5% and is relatively steady for the entire 7 Peaks route. Instead of descending, continue climbing... the road undulates for another 7kms before you hit gravel for the final 4km climb, the The Horn – where the views are nothing short of spectacular.
3741 Boutique
We are a premium holiday accommodation agency, providing an exclusive number of premium and boutique accommodation options to cater for every type of getaway. Our properties are all unique in their own way offering a memorable, one of a kind experience.

107 Gavan Street, BRIGHT
0418 813 971 • reservations@3741boutique.com.au
3741boutique.com.au

Alpine Valley Getaways
Alpine Valley Getaways are your one-stop home away from home specialists in Bright and surrounds. With homes to suit every style and budget, most with cycle facilities, our knowledgeable team can guide you through building your perfect getaway from start to finish. Book live online or contact our friendly locals for personalised, professional advice.

11 Wills Street, BRIGHT
03 5759 2555 • book@alpinevalleygetaways.com.au
alpinevalleygetaways.com.au

Bright Brewery
Bright Brewery is an independent craft brewery, bar and restaurant located in beautiful Bright, Victoria. With the backdrop of Victoria’s spectacular alps, our beers reflect our wild environment and we embrace outdoor lifestyles. We are a proudly bike friendly venue with plenty of bike racks and easy access to the Murray to Mountains Rail Trail, Mystic MTB Park and the stunning alpine road-cycling routes.

121 Great Alpine Road, BRIGHT
03 5755 1301 • info@brightbrewery.com.au
brightbrewery.com.au

Bright Electric Bikes
Bright is Australia’s premier cycling destination and we’ll help you make the most of your visit. Cruise the rail trail in comfort and style on an electric bike. Alternatively, choose from our huge range of eMTBs, hybrid bikes, Amsterdam-style cruisers and kids options (including trailers). Visit us online to learn more. Bookings recommended. See you soon!

2 Delany Avenue, BRIGHT
03 5755 1309 • info@brightelectricbikes.com.au
brightelectricbikes.com.au

Bright Escapes
Bright Escapes is an established premier booking agency in Bright, specialising in accommodation, weddings, events and tours. With a vast range of accommodation options, from holiday homes, self-contained units, apartments and B&Bs, we cater for cyclists, couples, families and pets. With over 200 listings we can tailor something to suit your needs. Escape to Bright today!

5/6 Anderson Street, BRIGHT
03 5755 2275 • info@brightescapes.com.au
brightescapes.com.au
Bright MTB Mountain Bike Guiding and Instructing

Bright MTB loves riding mountain bikes and sharing local knowledge. If you are a beginner or intermediate mountain bike rider looking to find trails that suit your level of riding, or want to increase your skills and confidence and find your flow! Come for a ride with Bright MTB Mountain Bike Guiding and Instructing.

30 Ireland Street, BRIGHT 0447 508 258 • info@brightmtb.com.au brightmtb.com.au

Bright Pine Valley Tourist Park

We love bikes and have a secure bike storage facility with repair stand for the convenience of our guests. We offer all types of accommodation plus traditional camping and caravan sites. Our location in the heart of Bright means you are rolling distance to all cycling events, the Murray to Mountains Rail Trail and town. Our local knowledge and love of the area is second to none.

7-15 Churchill Avenue, BRIGHT 03 5755 1010 • bookings@brightpinevalley.com.au brightpinevalley.com.au

Cadence at Bright

LUXURY ACCOMMODATION
> Fully equipped gourmet kitchen
> Sleeps 6 (+2)
> Perfect for cyclists: secure storage room with cleaning and repair equipment
> Exceptional views
> 600m walk to shops, cafés
> Adjacent to Rail Trail

www.cadenceatbright.com.au 6 Blue Wren Cl Bright, Victoria
info@cadenceatbright.com.au

Bright Brewery

The perfect reward for THIRSTY ADVENTURE SEEKERS!

121 GREAT ALPINE ROAD, BRIGHT VIC 3741 | 03 5755 1301
www.brightbrewery.com.au
Bright Velo
Planning to visit Victoria’s High Country? Bright Velo has got you covered for all of your accommodation needs and more. Located in central Bright just a short stroll from restaurants, breweries and splash park – we have everything you need. Bright Velo captures the essence of the High Country with the most competitive pricing in town.

2 Ireland Street, BRIGHT
03 5755 1074 • info@brightvelo.com.au
brightvelo.com.au

Christina’s Luxury Retreat
Designed with love, care and attention to details, Christina’s Luxury Retreat is the epitome of a stylish holiday home. Relax and unwind with magnificent views across the Ovens Valley that surround the house. Enjoy quality time with friends and family in the gorgeously built home. Step out the door and you are just a 15-minute walk from town. Sleeps 2 to 8.

10 Ballroom Drive, BRIGHT
0411 874 798 • stay@leaderreef.com.au
leaderreef.com.au/Christina-s-retreat

Cyclepath Bright
Located in the heart of town with ample parking, we provide the largest range of bicycle hire in Bright. With extensive knowledge of the local area we can help you tailor your next cycling adventure. Rail trail, road or mountain bike – we have something for everyone. We also offer sales, accessories, service and repairs as well as transportation and tours.

74 Gavan Street, BRIGHT
03 5750 1442 • info@cyclepath.com.au
cyclepath.com.au

Feathertop Winery
Feathertop Winery offers one of the most picturesque stops on the Murray to Mountains Rail Trail. Whether you have cycled to us from Bright, Myrtleford or conquered one of the 7 Peaks, we invite you to come and relax on our lawn terrace and reward your efforts with a glass of our hand crafted wine or local beer with a DIY picnic platter on the lawn terrace.

6619 Great Alpine Road, POREPUNKAH
03 5756 2356 • hello@feathertopwinery.com.au
feathertopwinery.com.au

Ginger Baker Wine & Food
Positioned adjacent to the Ovens River in Bright, Ginger Baker cafe and wine bar offers its guests garden and nature views. Open for breakfast, lunch and dinner, there is a healthy and well-crafted selection of dining choices including quality breakfasts and seasonal share-plates for lunch and dinner. We welcome you to join us at Ginger Baker.

127 Great Alpine Road, BRIGHT
03 5755 2300 • gingerbakerbright@gmail.com
gingerbaker.com.au

Nightingale Bros Alpine Produce Store
A short 5km ride from Bright, the Nightingale Bros produce store brings the region’s freshest produce direct from the grower to you. Stock up on fresh apples, seasonal fruits, locally produced jams, chutneys, gift hampers and more or rest tired legs while soaking up the picturesque orchard setting with an ice cream or Nightingale’s Pink Lady cider in hand.

708 Morses Creek Road, WANDILIGONG
03 5755 1318 • nightingale.bros@bigpond.com
nightingalebros.com.au

Our Place at Bright
A luxury haven of stunning holiday homes set in beautifully landscaped surrounds, right in the heart of Bright. The perfect place to bring friends and family together, with your choice of four homes offering accommodation for up to 28 guests across 12 bedrooms. With awesome indoor and outdoor areas for entertaining and relaxing, you’ll never feel more at home on holidays.

60 Gavan Street, BRIGHT
0418 813 971 • stay@ourplaceatbright.com.au
ourplaceatbright.com.au

Alpine Hotel Bright
- Restaurant -
- Bar & Bistro -
- Fresh House-made Pizza -
- Local Wine & Beer -
- Alpine Heritage Brew -
- Seasonal Menu -
- Live Entertainment -
- Weddings & Functions -
- Accommodation -

CALL 03 5755 1366
www.alpinehotelbright.com.au
Rail Trail Cafe

Six km from Bright on the Murray to Mountains Rail Trail, we’re a licensed cafe serving all day breakfast, lunch and scrumptious baked goods. We use free-range eggs and superb locally roasted coffee. Try our nachos, quesadillas or famous breakfast burritos. Pet and family friendly with bike racks, high chairs and welcoming smiles! Food and accommodation packages now available with Rail Trail River House just down the road.

2 Service Street, POREPUNKAH
0428 359 884 • info@railtrailcafe.com.au
railtrailcafe.com.au

Porepunkah Bridge Holiday Park

Porepunkah Bridge Holiday Park is a beautiful pet friendly park with river frontage. All types of accommodation available including 20 cabins, glamping, spacious camp sites. We offer bike hire, secure storage, fire pits and hampers. Facilities include heated pool, BMX track, free Wi-Fi, BBQ areas and camp kitchen. Walking distance to Punkah Pub and five kms to Bright.

36 Mount Buffalo Road, POREPUNKAH
03 5756 2380 • info@porepunkahbridge.com.au
porepunkahbridge.com.au

Ovens Valley Motor Inn

Stay... and be nurtured at this Victorian Tourism Award-winning property in Bright by the rail trail. Environmentally friendly – 24 beautifully renovated guest rooms – free bicycle hire – solar heated pool and spa – tennis court – free Wi-Fi – sauna – BBQ area.

2 Ashwood Avenue, BRIGHT
03 5755 2022 • info@ovensvalleymotorinn.com.au
ovensvalleymotorinn.com.au

Porepunkah Pub

We are excited to have re-established this vibrant meeting place that has been an institution for over 100 years. Located right on the rail trail, we have gathered a team of like-minded staff who share a passion for the local area together with great food, local wines and a superb range of craft beers, all combined with our cycle friendly accomodation. See our website for seasonal opening times.

13 Nicholson Street, POREPUNKAH
03 5756 2111 • drink@porepunkahpub.com.au
porepunkahpub.com.au

Ringer Reef Winery

Ringer Reef is a small, family owned and operated vineyard, winery and cellar door. The relaxed and welcoming cellar door has a stunning view of Mount Buffalo; a tranquil spot to enjoy a glass of wine with a local, seasonal platter. Located on the rail trail, it’s a nice ride from Bright. Any wine purchases will be delivered to your accommodation that night.

6835 Great Alpine Road, POREPUNKAH
03 5756 2805 • cellardoor@ringerr reef.com.au
ringerr reef.com.au

If you are coming to road ride, mountain bike or enjoy the rail trails, Bright Colonial Motel offers cycle-friendly accommodation!

Our Accommodation
- Modern fresh rooms
- Top quality furnishings and beds
- Contemporary décor
- Coffee machines in each room
- Hot tubs & private courtyards with select rooms

Our Poolside Pavilion
Enjoy the poolside pavilion perfect for sharing the delights and adventures of your day.
- Cooking facilities
- Barbecue
- Pizza oven
- Communal wooden tables

www.brightcolonialmotel.com.au

bteenthirhoney.com.au | Ford Street, Beechworth | @beechworthhoney
Tyntynder Garden Cottages
Located close to the Murray to Mountains bike path, the four two-bedroom cottages have secure storage for your bike. Each cottage has a separate bathtub, so you can soak your sore muscles after a long day’s ride. Then you can enjoy your favourite drink on the verandah, overlooking your fully fenced private garden. PS: the cottages are pet friendly.

4 Tyntynder Lane, BRIGHT
03 5750 1305 • stay@brightholidays.com.au
tyntynderbright.com

Rooms & Brooms Accommodation
Rooms & Brooms are a local accommodation service providing quality accommodation in Bright and surrounds. We cater for individuals, couples, family and group getaways in our range of cottages and houses. We even have pet friendly options. Let us ensure your holiday meets your expectations, and let us guide you towards rides that suit your skills and requirements.

22A Ashwood Avenue, BRIGHT
0413 639 025 • info@roomsandbrooms.com.au
roomsandbrooms.com.au

The kilnhouses
Staying at the kilnhouses is a unique experience – contemporary luxury within architecturally designed spaces derived from original tobacco drying sheds. Three houses – Cavedons, Chinamans and The Sorting Shed have spectacular views of Mount Buffalo and Feathertop with grape vines and sleek Black Angus cattle in the foreground.

Cavedons Lane, POREPUNKAH
0422 175 345 • stay@kilnhouse.com.au
kilnhouse.com.au

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4 Tyntynder Lane, BRIGHT
03 5750 1305 • stay@brightholidays.com.au
tyntynderbright.com

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Cavedons Lane, POREPUNKAH
0422 175 345 • stay@kilnhouse.com.au
kilnhouse.com.au

Presenting beautiful homes in idyllic locations that are equally as stunning inside as they are out. Homes that are an experience in themselves with multiple spaces to relax, separate areas where families and friends can come together as a group and premium furnishings and style pieces.

Each of our homes are Cycle Friendly with an extensive range of products and facilities for all types of cyclists.

A high-altitude sleeping experience can now be enjoyed by our guests at Big Sky – Altitude I, Australia’s first residential property with simulated altitude sleep technology from Box Altitude.

bigskyretreats.com.au | 0418 813 971 | reservations@3741boutique.com.au
An architectural masterpiece of sustainably built houses that blend in with the surrounding snowgum forests, Dinner Plain is not just a lovely snow-covered winter getaway. From spring through autumn, the landscape lights up with stunning displays of wildflowers. There are many walking and cycling trails to explore with panoramic vistas to soak up, waterfalls and history to explore and fresh, crisp air to breathe. There are great places to eat, drink and stay year-round and even the highest altitude craft brewery in Australia, Blizzard Brewery.

Mt Hotham is also great for days on and off the bike. The trails are long and made for hiking or running and the scenery is always breathtaking. The Hotham road climb is notoriously the most challenging of Victoria’s 7 Peaks and one for the personal bucket list!
**HIGHLIGHTS**

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**Tackle Two Peaks**  
Get a head start on your 7 Peaks Challenge by tackling two of the climbs. Harrietville to Hotham is the toughest in length and gradient at 30kms with some steep sections towards the top. Meanwhile, on the other side of the range, Omeo to Dinner Plain is a longer climb at almost 43kms. The gradient is relatively steady and even features some descending.

**Pump It Up**  
A modular pump track has been installed smack bang in the middle of Dinner Plain Alpine Village. Test your skills, warm up before hitting the trails or simply have some fun with the kids.

**MTB Trails For All**  
MTB trails surround the village of Dinner Plain, with easy loops for beginners and kids, or you can test your legs on the Barabraulung Trail up to Hotham. The natural style MTB trails will wind you through grassy fields, alpine forests and along the ridgeline to some of the most stunning views. Rehydrate at Blizzard Brewery with a high altitude alpine beverage, where bikes are always welcome.

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Detailed maps at ridehighcountry.com.au
Blizzard Brewing Company
Welcome to Australia’s highest brewery, situated at an altitude of 1550 metres just off the Great Alpine Road in Dinner Plain. We brew with the purest water in Australia: pure spring water fed by snow melt and sourced from High Country aquifers. Come enjoy a tour and the taste of fresh liquid powder in an alpine setting where we craft Beer Above All.

5 Cattle Pen Drive, DINNER PLAIN
0417 335 548 • info@blizzardbrewing.com
blizzardbrewing.com

Dinner Plain Alpine Village
Ride and walk Dinner Plain, escape the heat, trails start from your door, explore waterfalls, restaurants, cafes and the local brewery. Hit the 20km of new MTB singletrack, cruise the scenic alpine trails or take on the epic road climbs. Stay in a beautiful mountain home nestled amongst the snow gums.

Great Alpine Road, DINNER PLAIN
03 5755 0555 • info@visitdinnerplain.com.au
visitdinnerplain.com.au

Hotel High Plains
HHP is open throughout summer with 18 spacious, recently renovated and refurbished studio apartments each with their own en suite, kitchenette, day bed and private balconies, encompassing stunning views of the mountain snow gums. Our in-house “Stones Throw Restaurant” and “Cobungra Bar” are open, serving quality culinary dishes, local wines and craft beers.

25 Big Muster Drive, DINNER PLAIN
03 5159 6324 • info@hotelhighplains.com
hotelhighplains.com

The General Mt Hotham
The General and Mountain Dreaming apartments sit atop Mt Hotham. Traverse the top of the mountain range, surrounded by vistas of endless mountain peaks and valleys. Getting to us is not for the faint hearted. Open seven days a week from 9am for lunch, dinner, healthy snacks and convenience store. We are part of the cycle friendly business revolution.

96 Great Alpine Road, MT HOTHAM
03 5759 3523 • generalstore@bigpond.com
thegeneral.com.au
This gorgeous alpine village is the total package for cyclists chasing epic road climbs, altitude training, incredible views, killer events and some of the best singletrack flow experiences anywhere on the planet.

The village is super cycle friendly with gravity shuttles, tours and skills lessons plus a range of welcoming places to stay to suit any budget. It also has a number of on-site rental outlets offering gear, specialised bikes, bike tech – all you need for a fully equipped ride, not to mention year-round great coffee and food.

Accommodation comes in all shapes and sizes, from family friendly lodges all the way to pure luxe options.

Between rides, sign on for a Tales, Trails & Tucker experience, including an easy hike to a cattlemens' hut with a local historian and a delicious picnic lunch. Rocky Valley Lake is an amazing place for a dip or a kayak during high summer, and to round off the day, head to the summit with a cold beer or a glass of bubbles to take in one of the best sunsets you’ll ever see.
HIGHLIGHTS

- **Backcountry Adventure** — Get off the beaten track and head out into the backcountry. Exploring with a mountain bike you will find plenty of trails and fire roads around the hills of Falls Creek. These are not for the faint hearted with lots of climbing and rugged terrain, but you will be treated to mountain air, stunning views and memories you’ll never forget.

- **Feel The Flow** — 10kms of unbroken gravity trail awaits you on Flowtown! With the option of shuttles back to the top... need we say more? Well, one more hot tip; if you like climbing as much as you like descending, ditch the shuttle and ride back to the top via Packhorse trail. This 6km one-way singletrack trail is an excellent climb and more often than not you’ll have it entirely to yourself!

- **Peak Fitness** — Test your legs and tick off one of the 7 Peaks road climbs. The climb from Mount Beauty to Falls Creek would have to be one of the most beautiful. This 30km climb winds its way through lush rainforest before the gradient gets a little steeper and the landscape opens up. If you are looking for a big day out, challenge yourself at the best Gran Fondo in Australia and conquer all 235km of the Peaks Challenge Falls Creek.
Frueauf Village is a luxury oasis in the heart of the Australian Alps

CALL 1300 300 709
www.fvfalls creek.com.au

Looking for a stress free alternative to a crowded beach holiday?
Summer and Autumn at Falls Creek offers fresh mountain air and tracks to explore on one of our hire bikes, or your own.
Stay in one of our 25 apartments ranging in size from studios, 1, 2, 3 and 4 bedrooms, through to 5 or 6 bedroom chalets. Most apartments have their own private outdoor hot tubs and some even saunas.
Activities include altitude training, bush walking, bike riding, fly fishing, horse riding and other outdoor pursuits.

Australian Alpine Club (AAC) Falls Creek
Located in the Village Bowl with stunning views of the summit, AAC offers a range of twin single, double, queen and bunk bed rooms all with private en suites. A large modern kitchen plus outdoor BBQ offers endless cooking options while the large screen TV will entertain kids and adults alike. Ample on-site bike storage included. See website for details.
21 Falls Creek Road, FALLS CREEK
0409 417 253 • book.aaacfc@gmail.com
aacfalls creek.com/summer

Bogong Village
Bogong Village is located halfway between Mount Beauty and Falls Creek. There are 27 self-contained holiday cottages in the village, originally built for workers of the Kiewa Hydro Scheme, now renovated and available for rent. Cyclists will find us the ideal place to be based for some of the best road riding or mountain biking in the North East.
27 Main Street, BOGONG
03 5754 1131 • manager@bogongvillage.com
bogongvillage.com

Frueauf Village

CALL 1300 300 709
www.fvfalls creek.com.au

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0409 417 253 • book.aaacfc@gmail.com
aacfalls creek.com/summer

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27 Main Street, BOGONG
03 5754 1131 • manager@bogongvillage.com
bogongvillage.com
Falls Creek Country Club

Stay in one of 68 self-contained studio, one, two and three bedroom apartments, suites or penthouses with full kitchen facilities and catering for up to 10 guests. Most apartments have stunning views over the High Plains and Kiewa Valley. Facilities include indoor heated pool and spa, complimentary Wi-Fi with bike storage and a wash area.

7 Bogong High Plains Road, FALLS CREEK
03 5758 3391 • enquiries@fallscreekcountryclub.com.au
fallscreekcountryclub.com.au

Falls Creek Mountain Bike Park

Falls Creek Mountain Bike Park has over 40kms of machine-built singletrack winding through serene snow gums in brilliant alpine terrain. Falls Creek is the rider’s mountain. Shuttles operate every weekend and all trails start and finish in the resort, descents matched by a technical uphill back to the top. Easy cruiser, fun flowing or feature-packed all-mountain bash: we’ve got it.

Bogong High Plains Road, FALLS CREEK
03 5758 1200 • info@fallscreek.com.au
fallscreek.com.au

Frueauf Village

Located in the heart of Falls Creek, Frueauf Village offers year-round accommodation with 25 luxurious self-contained apartments and on-site cafe, Milch Cafe Bar. Each apartment has its own kitchen and bathroom facilities. Most boast private outdoor spas, some even have their own sauna. During summer we offer on-site bike rentals to help you explore the mountain bike trails Falls Creek has to offer.

4 Schuss Street, FALLS CREEK
1300 300 709 • bookings@fvfallscreek.com.au
fvfallscreek.com.au

Milch Cafe Bar

Hiding in the back of Falls Creek village, Milch is the perfect place to unwind after your ride. Excellent coffee, seriously good food, craft beers and home-baked treats. Open breakfast, lunch and dinner from mid-December to end Jan seven days. Open Peaks Challenge, Easter, school holidays and catering for groups. Call for more opening hours.

4 Schuss Street, FALLS CREEK
03 5758 3407 • milchcafebar@gmail.com
facebook.com/milchfallscreek

Snow Fall Lodge at Falls Creek

The whole stunning, contemporary four-bedroom apartment offering the ultimate in luxury will be yours – spectacular views, sleeps up to 12 people in complete comfort – each of the four bedrooms has an en suite, can be made into 12 king singles. Well appointed kitchen, large dining table, lots of lounge seating, indoor and outdoor spa, bike storage, laundry, Wi-Fi, OD hose.

1/15 Parallel Street, FALLS CREEK
0413 344 297 • snowfall@optusnet.com.au
snowatfalls.com

• We have 68 self-contained studio, 1, 2 & 3 Bedroom Apartments, Suites or Penthouses
• Stay from $125 per night (double/twin share studio)
• Every apartment has full kitchen facilities and can cater for up to 10 guests.
• Most apartments have stunning views over the High Plains and Kiewa Valley.
• Facilities include indoor heated pool and spa, half court tennis court, guest laundry and complimentary Wi-Fi.
• We have secure bike storage and a wash area for mountain and road bikes.
YMCA Howmans Gap Alpine Centre
Surrounded by mountain ash bushland, Howmans Gap Alpine Centre is able to accommodate groups from one to 210 people in accessible, warm and relaxing lodgings. A range of facilities ideal for getting active and exploring the great outdoors. Howmans Gap offers a premium range of outdoor, indoor to meet all of your cycling and adventure needs.

RMB 2587 Bogong High Plains Road, FALLS CREEK
03 5758 3228 • howmansgap@ymca.org.au
howmansgap.ymca.org.au

Cedarwood APARTMENTS
Bike friendly
Cedarwood is centrally located within the village with excellent ride in ride out access both on road and mountain bikes plus a bike wash area out front. We have self-contained apartments (with cooking), & studio (no cooking), and all with private balconies & BBQs.

11 Schuss St, Falls Creek, Victoria
www.cedarwoodfalls creek.com
info@cedarwoodfalls creek.com

BED BREAKFAST BIKES
• Big Beds
• Bike storage and wash area
• Close to bike hub and trails
• Great balcony to take in the end of the day

Diana Alpine Lodge
Catering partner for Blue Dirt’s Village Bike Café

6 Falls Creek Road, Falls Creek / 03 57583214 / bookings@dianalodge.com / dianalodge.com

BED BREAKFAST BIKES
• Licensed bar
• Relax in the spa and sauna
• Hearty breakfast included
• Exceptional meals available
• Packages for short stays and groups
Just a short hop from Melbourne, Mansfield and Mt Buller are perfect places to get up close to beautiful natural spots and try new adventures, from the laid back and sedate to something at the adrenaline-pumping end of the scale.

The cycle offerings in this neck of the woods are legendary. But these are also fantastic places to ride a horse through beautiful bush trails, run a trail, take a hike, water ski on the lake or drop in a line.

On the mountain, and down below, there are plenty of great places to eat, drink and sleep. Mansfield has one of the best cafes in the High Country in the Coffee Merchant which not only roasts its own brews, but also serves up sensational breakfast, lunch and now dinner on weekends. Fill the daypacks or panniers at local favourite The Produce Store and for locally brewed ales and great pizza, Social Bandit is the place.

On the way to Buller, say “hi” to David Ritchie at Delatite Wines. Soak up the beautiful views from the vineyard and be guided through the list by the maker himself.
**HIGHLIGHTS**

**World Class MTB**  Mt Buller has Australia’s only International Mountain Bicycling Association (IMBA) endorsed Epic MTB Trail. Covering over 40kms, it includes an incredible variety of terrain from fast flow to some brutal climbing and insane views. It’s a big single day out on the MTB, or pack some supplies and make it a two day trip with an overnight camp by one of the Alpine Huts along the way.

**Mt Buller**  Conquer one of the 7 Peaks climbs. The climb from Mirimbah to Mt Buller is a test of endurance, covering 15kms with a challenging 921m of elevation. This climb is so iconic that it features in the Jayco Herald Sun Tour. Winding up through the beautiful bushland you will be enchanted by the towering trees and green foliage. The road gets steeper in the final few kilometers, push through because the views of Mt Stirling from the top are worth the effort.

**Great Victorian Rail Trail**  The longest continuous rail trail in Victoria, winding from Tallarook all the way to Mansfield. Whether you are looking for a short ride with the family or a longer adventure, the Great Victorian Rail Trail is perfect for all. Ride over the Lake Eildon Bridge, through the 201m Cheviot Tunnel. Pack a picnic lunch and enjoy the ride!

**Powers Lookout**  There are some amazing rides in and around Mansfield, from short flat rides to some big days in the saddle with serious elevation. For a ride that is sure to challenge, head out on the 100km round trip to Powers Lookout from Mansfield. Featuring quiet country roads, a solid climb and some lumps all to get to beautiful views. You won’t be disappointed.
The Delatite Hotel - Accommodation

Stay in the heart of Mansfield, close to the rail trail. You’ll enjoy a real guest house experience with big lounges, good coffee, a shady courtyard and space to work on your bikes. Lockable bike storage shed, good showers and range of rooms to suit any group. Online bookings, or call for groups.

95 High Street, MANSFIELD
03 5775 2004 • hoteldelatite@gmail.com
thedelatitehotel.com.au
Apart from its impressive cycling credentials, Mount Beauty is also the epicentre of all kinds of outdoorsy fun. In winter it’s a great off-mountain base for snow sports, but when it warms up, this is the place to jump on a horse, cast a fly in the beautiful Kiewa River, hike up Victoria’s highest peak, Mount Bogong, walk the dramatic gorge and to swim at the popular pondage. These days it’s also a destination for foodies thanks to Emma Handley, a highly decorated chef who has transformed the old Masonic lodge into one of the best restaurants in the High Country. Sunday lunch at Templar Lodge is legendary.

While you’re in the neighbourhood, don’t miss the spectacular drive (no, make that cycle!) to Bright via the Tawonga Gap lookout for one of the most impressive vistas of the Australian Alps you’ll ever see.
**HIGHLIGHTS**

**Road Rides**
- **New Gravity Enduro Trails** - Big Hill MTB Park has recently added to its already extensive trail network, with new Gravity Enduro trails. Situated on the side of the aptly named Big Hill, it was only a matter of time before passionate locals carved out these exciting new trails. In typical Big Hill style, these trails are old school cool with natural features and plenty of technical sections to test your skills.

**Big Hill Big Fun** - Natural, raw and technical is how most mountain bikers would describe Big Hill MTB Park. Shunning the trend of overly manicured machine built trails here you will find the real deal, rock gardens, off camber sections and technical climbing. Cross country, downhill and gravity riding are all featured here as well as plenty of family friendly loops too.

**Tawonga Double** - If you prefer your time on skinny tires, Mount Beauty is also home to great road riding. Check out the 7 Peaks Falls Creek climb, the shorter Dams Road Loop or ride the Tawonga double, Mount Beauty to Bright return, testing your strength on both sides of Tawonga Gap. The 60km round trip features 1100m of elevation gain and you will be rewarded with stunning views across the Kiewa Valley.
Valley View Lodge
View Lodge is the perfect place to stay and enjoy some of the best riding the area has to offer. The lodge has a licensed bar, in-ground pool and a large deck offering spectacular views of the Kiewa Valley. There’s plenty of secure storage for bikes and wash bay and work station. Larger groups may wish to take advantage of the 25-seater bus.

9 Allamar Court, TAWONGA SOUTH
0409 033 920 • info@valleyviewlodge.com.au
valleyviewlodge.com.au
This pretty town on the Ovens River, with its stonking views of Mount Buffalo, the Murray to Mountains Rail Trail and the forested surrounding hills of the Stanley Range is also known for its Italian flavour thanks to the immigrant families who made their home here in the post-war years.

There's a beautiful avenue of Lombardy poplars at the town’s entrance, classical Roman busts at the cellar door at Michelini Wines and Italian names on many of the local cafes serving up delicious coffee, pizza, cakes and pasta. The fantastic annual festival, La Fiera, celebrates this Italian heritage each autumn.

Book a Rolling Gnocchi experience with the Myrtleford Cycle Centre, combining a rail trail tour with stops and tastings at local food and wine producers, followed by a cooking class and lunch with Roberto Parolin at Delizie Cafe Deli. Head to Lupo’s Klin Cafe for fresh handmade pastas and sauces and the Happy Valley Hotel at Ovens for outstanding counter meals. Gapsted Winery’s lovely cellar door is worth a visit for lunch and tastings and back in town, Coffee Chakra roasts its own beans and also serves up a mean breakfast and lunch to hungry riders.
**HIGHLIGHTS**

--- **Gravel Or Tar**  Choose your flavour and take on the lumpy route from Myrtleford to Beechworth, with the option of completely sealed roads or getting off the beaten track onto gravel roads. Plenty of climbing, beautiful views and a fast and fun descent... no matter which route you choose!

--- **Rolling Gnocchi**  Work up an appetite with the Rolling Gnocchi Bicycle Tour from Myrtleford Cycle Centre. Start the day by learning the secrets of Italian pasta making and prepare your own gnocchi under the guidance of Roberto from Delizie Cafe Deli. While your pasta sauce simmers away, ride to local farm gates and wineries to pick up delicious treats to accompany your feast. The 10km ride along the Murray to Mountains Rail Trail will certainly delight as much as your handmade lunch that awaits!

--- **Rosewhite**  Experienced cyclists should ride the stunning Happy Valley Road from Ovens. Turn left onto Carrolls Road for incredible views of Mount Buffalo or alternatively continue over Rosewhite Gap, with a steady climb and a fast descent. Once you reach the Kiewa Valley, the choice is yours – turn right for the 110km Gaps Loop via Mount Beauty and Bright (p.44) or left for the Dederang Loop via Mudgegonga.
**Australian Pumpkin Seed Company**
Our award-winning farm gate experience is one of the must-do attractions on the rail trail between Myrtleford and Bright. A bike friendly farm shop where you can taste the delicious flavours and learn how we grow, harvest and press our seeds and oils from the only growers of Australian pumpkin seeds. Stop in to try our famous chocolate-coated pumpkin seeds.

5061 Great Alpine Road, OVENS 03 5752 1199 • admin@pumpkinseed.net.au pepofarms.com.au

**Gapsted Wines**
Located on the Murray to Mountains Rail Trail just five minutes from Myrtleford, Gapsted Wines produces premium cool climate wines and delicious meals with a focus on local, seasonal produce. The Cellar Door is open 10am-5pm daily for free wine tasting of at least 25 varieties and coffee. A la carte lunch menu available from 12pm-3pm. Bookings recommended.

3897 Great Alpine Road, GAPSTED 03 5751 9100 • cellardoor@gapstedwines.com.au gapstedwines.com.au

**Happy Valley Hotel**
A welcoming country pub with a great reputation. Our history dates back to 1854 when the liquor licence was first granted and we now sit in the building completed in 1888. The Happy Valley Hotel has been providing for locals and travellers alike for over 160 years. You can find us on the Great Alpine Road past Myrtleford on the way to Bright.

4994 Great Alpine Road, OVENS 03 5751 1628 • info@happyvalleyhotel.com.au happyvalleyhotel.com.au

**Michelini Wines**
Take a break from cycling the rail trail or touring the Alpine Valleys, recharge and relax at Michelini Wines Cellar Door – no matter what the season! Wine tastings, wine by the glass and coffee daily. Live music and light meals on event weekends. See us on Facebook and Instagram and check out our website.

213 Great Alpine Road, MYRTLEFORD 03 5751 1990 • sales@micheliniwines.com.au micheliniwines.com.au

**Myrtleford Cycle Centre**
Roll in for expert repairs, sales, bike hire, tours, bespoke gifts for cyclists and more. COOK*CYCLE*FEAST! Join a delicious cycle tour discovering local food and wine secrets. Try rolling gnocchi, pasta or roasting coffee beans, then cycle to nearby farm gates and finish with a feast. Tasty!

59A Clyde Street, MYRTLEFORD 03 5752 1511 • info@myrtlefordcycle.com myrtlefordcycle.com

**Panorama Villas**
Panorama Villas offer luxury accommodation just outside the Myrtleford township. Enjoy breathtaking panoramic views over the Ovens Valley from the balcony of your private villa, take a relaxing bath with exclusive views, taste at award-winning wineries, dine at exceptional local cafes, browse in boutique shops or shop at markets.

124 Clemens Lane, MYRTLEFORD 0418 521 944 • info@panoramiavillas.com.au panoramiavillas.com.au

**Red Ramia Trading/Cafe Fez**
Red Ramia Trading is an enormous globetrotter’s emporium stocking furniture, homewares, gifts, fabrics, ceramics, furnishings, architectural/garden features from countries like China, India, Morocco, Japan and Argentina. Cafe Fez offers modern Middle Eastern cuisine, serving breakfast and lunch daily and dinner on Fridays. This is the world of Red Ramia Trading.

145 Great Alpine Road, MYRTLEFORD 03 5752 1944 • info@redramia.com.au redramia.com.au
Rutherglen is a great place to explore on two wheels. One of Australia’s oldest wine regions, it’s famous for its big reds, internationally-renowned Muscats and the many cellar doors open for tastings.

It’s also a place to dine on outstanding locally produced and grown ingredients. Head to The Terrace at All Saints for a memorable lunch or dinner at one of the High Country’s two Chef’s Hatted restaurants featuring the talents of gifted chef Simon Arkless.

There’s also fine French influenced fare at Jones Winery to try, delicious modern Australian at Ripe at Buller Wines and estate-grown lamb is a highlight on the menu at Lake Moodemere Estate. Weekend hotspot, Thousand Pound is a buzzing bar serving up excellent food, and, for a real treat, splash out on a chauffeured Luxe Auto tour of the wineries in a vintage Rolls Royce Corniche.

Not far from Rutherglen is one of the last box ironbark forests in the country, home to several critically endangered birds, including the Regent Honeyeater. The little gem of Chiltern, with its perfectly preserved gold rush streetscapes, has plenty of collectables shops to pick up a souvenir of your stay.
HIGHLIGHTS

The Iconic Wine Bottle — Australia is famous for its “big” icons, and there is nothing more fitting for Rutherglen than a big bottle of wine; as the town is home to over 20 wineries. Take a short detour from the Murray to Mountains Rail Trail and enjoy the scenic view of the countryside and vineyards from its high vantage point.

Rutherglen To Wahgunyah — The Murray to Mountains Rail Trail meanders from Rutherglen to the banks of the Murray River in Wahgunyah. The fully sealed, off-road trail passes wineries and local farm gates. Pick up a Pedal to Produce map and stock your basket full of treats for a picnic by the river. Don’t forget to pack your bathers in the summertime!

King Of The Hill — Take on the challenging 100km King of the Hill loop. A gentle roll out makes way for the Mt Pilot climb, just as you thought the work was done the road kicks skywards again, taking you to the highest point. A beautiful descent is followed by rolling foothills before delivering you back to Rutherglen.

Tweed Ride — Don your finest vintage fashion, including a little tweed, for the annual Tweed Ride in Rutherglen. The leisurely 15-25km ride (route varies annually) will take you on an adventure through the picturesque countryside where you will sample the best regional foods and local artisanal wines.

Detailed maps at ridehighcountry.com.au
Chambers Rosewood Vineyards
Walk, ride or drive from the heart of Rutherglen. Established in 1858, this family owned winery is recognised domestically and internationally for its Muscat and Muscadelle (Tokay/Topaque) being some of the finest wines in the world. Discover lesser known table wine varieties such as Gouais, Blue Imperial and Durif. Close proximity to the rail trail.

201 Barkly Street, RUTHERGLEN
02 6032 8641 • chambers@chambersrosewood.com.au
chambersrosewood.com.au

All Saints Estate
Established in 1864, All Saints Estate is one of Australia’s original wineries. Set amongst spectacular vineyard settings in Australia, the iconic estate is a must-see destination for wine and food lovers. Taste award-winning wines at the cellar door, enjoy a leisurely lunch at ‘one hat’ Terrace Restaurant or indulge in a cheese platter from Indigo Food Co.

315 All Saints Road, WAHGUNYAH
1800 021 621 • customerservice@allsaintswine.com.au
allsaintswine.com.au

Lake Moodemere Estate
Visit our cellar door to discover North East Victoria’s most beautiful cycling terrain. Our complementary self-guided cycling tour, Sip and Cycle, explores 25km of riverside tracks and pretty country lanes. This country has been our playground all our lives so we’re experts in local knowledge of the surrounding areas. Ask about our free drop off service!

12 Moodemere Road, RUTHERGLEN
02 6032 9449 • wine@moodemerewines.com.au
moodemerewines.com.au

Pfeiffer Wines
Pfeiffer Wines is an award-winning, family owned winery. Our historic cellars are nestled on beautiful Sunday Creek. Cyclists are always made most welcome for tastings and sales or even for turtle ‘pfeeding’ from our ‘pfamous’ Pfeiffer Sunday Creek Bridge.

167 Distillery Road, WAHGUNYAH
02 6033 2805 • cellardoor@pfeifferwines.com.au
pfeifferwines.com.au

Rutherglen Wine Experience and Visitor Information Centre
Rutherglen Wine Experience is your one-stop shop for all your cycling needs. We offer bike hire which includes 10 standard bikes and two tandem bikes. Open: seven days a week, 9am to 5pm. Closed Xmas day.

57 Main Street, RUTHERGLEN
1800 622 871 / 02 6033 6300 • info@explorerutherglen.com.au
explorerutherglen.com.au

St Leonards Vineyard
Established in 1860 and a 5 star rated winery by Halliday Wine Companion, St Leonards Vineyard is a hideaway for wine and food lovers. Picturesque and relaxing, the winery makes for an unforgettable cellar door tasting experience. It is the perfect family lunch spot on weekends with a seasonal menu from the café and live music every first Saturday of the month.

201 St Leonards Road, WAHGUNYAH
1800 021 621 • cellardoor@stleonardswine.com.au
stleonardswine.com.au
The High Country’s northernmost corner offers spectacular views in every direction, waterfalls, lookouts, places to kayak, catch a fish, swim and pitch a tent by a rolling river.

The Great River Road follows the upper arm of the Murray for 153km, from Bellbridge on the shores of Lake Hume to Khancoban in the Snowy Mountains. This area has some amazing cycling with spectacular mountain and valley vistas and giant sculptures by Yackandandah artist, Ben Gilbert along the way.

Head to Corryong to get up close to The Man from Snowy River legend. Explore backroad loops following old Cobb & Co coach trails, visit one of Australia’s biggest monoliths, Pine Mountain and be awestruck by the clever feat of engineering that built the towering Dartmouth Dam wall. On the High Country Rail Trail, don’t miss Tallangatta, “the town that moved” in the 1950s when Old Tallangatta was flooded to make way for Lake Hume as part of the Snowy Mountains hydro scheme.
Do you dream of quiet roads and barely a soul in sight? There are endless road and gravel options around to appease anyone looking to escape the city. Check out the Lake Hume Loop, Eskdale, Mitta, Dartmouth and beyond to Thowgla on the road whilst those in search of gravel should look no further than the Mitta Valley side of Lockharts Gap or Bullhead Lane (Mitta). Make it past the Chihuahua at the farmyard gate and you’ll be treated to an amazing stretch of gravel road normally only seen by local cows, dogs and farmers on their tractors. Be sure to whet your whistle at the Mitta Pub.

Sandy Creek Bridge
Reconstructed in 2012, the 600m-long bridge was architecturally designed for cyclists and pedestrians. It connects the existing trail network as part of the High Country Rail Trail and allows plenty of different options to explore the region. Ride Tallangatta to Sandy Creek for a stunning 19km round trip.

Watch This Space
Every self respecting mountain town needs a brewery and a mountain bike park! Now that the Mitta Mitta Brewing Co, part of the High Country Brewery Trail, has established itself, plans are being brewed (pun completely intended) for a new Mitta MTB trail network. (So new, in fact, that details are scarce – keep your eyes peeled for more information soon.)

Detailed maps at ridehighcountry.com.au
Wangaratta has produced some of Australia’s best road cyclists including Olympic champions, Dean Woods and Damian McDonald plus Tour de France Green Jersey winner, Baden Cooke.

It’s also the jumping off place for the High Country’s iconic Murray to Mountains Rail Trail to Bright, and to the famous food and wine destinations, Milawa and the King Valley.

There’s a self-guided Pedal to Produce tour of the gourmet offerings of Milawa and Oxley, including the excellent Sam Miranda Cellar Door and restaurant, the Milawa Cheese Factory, The Olive Shop - Milawa, Brown Brothers’ lovely winery with its award-winning restaurant, Patricia’s Table, as well Gamze Meat’s Smokehouse Door. Fill the panniers with goodies from each stop along the way and head to the riverside for a lazy picnic in the shade of a giant gum.

Beyond is the beautiful King Valley to Whitfield and Cheshunt, home to Italian heritage winemakers famous for their Prosecco and Sangiovese varietals, as well as great cafes and restaurants and the not-to-be-missed King River Brewing, one of the High Country Brewery Trail’s nine outstanding craft breweries.
HIGHLIGHTS

Road Rides

MTB Park

Rail Trail

Gravel Grinding

7 Peaks

Strade Nero — A long day in the saddle, challenging climbs, fast descents, rolling roads and plenty of vitamin G (that’s gravel in layman’s terms). This 112km loop features almost 2000m of elevation and is not for the faint hearted. Expect spectacular scenery and mind blowing beauty all around. Cyclist Magazine featured this loop, rating it one of their favourites of all time so you know it’s going to be sensational!

Rail Trail — The Murray to Mountains Rail Trail is the perfect way to discover the region by bike. There are two options to choose from as you head out from Wangaratta to explore – to Milawa or all the way to Bright. No matter which one you take, you will pass cellar doors, breweries and don’t forget the region’s beautiful cheeses. Grab the local Pedal to Produce map to plan your day out.

Switch It Up — Change your riding experience without changing your bike. ‘Wang’ and the King Valley are chock full of gravel roads that you can tackle on your road bike with 25mm tyres. Head out on a classic loop like Ryan’s Taminick but don’t be afraid to take that turn onto one of the adjacent gravel roads. These are the roads you dreamt of riding, and probably drew as a kid.
Big4 Wangaratta North Cedars Holiday Park
Big4 Wangaratta North Cedars Holiday Park is a great central base with accommodation options for everyone, from grassy, pet friendly powered and en suite sites to standard cabins and deluxe cabins. Bring your bike along to take advantage of the rail trail, accessible right on the back doorstep to the park.

170 Bowser Road, NORTH WANGARATTA
03 5721 5230 • stay@northcedars.com.au
northcedars.com.au

Black Dog Brewery
A craft brewery located at Taminick Cellars winery, producing a range of beers from premium ingredients. From pale lagers, pale ales and darker brews, we are sure to have something to suit your taste. The Warby Ranges are perfect for MTB riding and we have trails starting right at our back gate. Call in pre- or post-ride to get inside trail knowledge.

339 Booth Road, TAMINICK
0408 577 916 • info@blackdogbrewery.com.au
blackdogbrewery.com.au

Chrismont
A must-see of the King Valley and only a gentle 7.4km ride from Whitfield is Chrismont’s impressive cellar door and restaurant with unparalleled views of the region. Taste an extensive collection of European and Mediterranean varietal wines, enjoy Italian fare over a quick bite or leisurely lunch, or book a stay in the luxurious guesthouse amongst the vines.

251 Upper King River Road, CHESHUNT
03 5729 8220 • info@chrismont.com.au
chrismont.com.au

Dal Zotto Wines
The Dal Zotto family have been pioneering Prosecco in Australia since 1999. Their Cellar Door and Trattoria is the perfect place to experience this delicious range… join them in the heart of the King Valley for a tasting, lunch and even hire an e-bike to explore on. Winner of the 2020 Halliday Wine Companion ‘Dark Horse’ Winery of the Year.

4861 Wangaratta-Whitfield Road, WHITFIELD
03 5729 8321 • info@dalzotto.com.au
dalzotto.com.au

Lancemore Milawa
Located in the heart of the gourmet region is Lancemore Milawa, a tranquil country house hotel brimming with elegance and style – the perfect base to experience a rich bounty of world-class food and wine. Australian history and breathtaking scenery.

223 Milawa-Bobinawarrah Road, MILAWA
03 5720 5777 • milawa@lancemore.com.au
lancemore.com.au

Mountain View Hotel
Come dine with us! The Italian-inspired menu is available seven days for lunch and dinner. You can dine inside or alfresco in the stunning beer garden. Bookings are not essential but are advised. Join us and enjoy local King Valley wines, Prosecco cocktails, local beers and cider with your friends and family. Stylish motel accommodation is also available.

4 King Valley Road, WHITFIELD
03 5729 8270 • info@mvhotel.com.au
mvhotel.com.au

Pizzini Wines
The welcome is Italian-style and generous. Visit us to taste Prosecco, Pinot Grigio, Sangiovese and Nebbiolo. A tavola! cooking school is part of the family’s cellar door and immersive wine experiences and wine and food events are also offered. Relax in the garden with a glass of wine or chat over a coffee with friends. Children are welcome too.

175 King Valley Road, WHITFIELD
03 5729 8278 • talkdirect@pizzini.com.au
pizzini.com.au

Rock and Road Cycles
Bike hire, package tours, suggested itineraries and transfers along the Murray to Mountains Rail Trail and surrounding areas. On-the-spot repairs are available and they have an extensive range of parts and accessories. Stocking Giant and Trek bikes as well as e-bikes, Rock and Road Cycles are able to cater for all of your cycling needs.

21 Rowan Street, WANGARATTA
03 5721 4744 • rob@rockandroadcycles.com.au
rockandroadcycles.com.au

Mountain View Hotel
Come dine with us! The Italian-inspired menu is available seven days for lunch and dinner. You can dine inside or alfresco in the stunning beer garden. Bookings are not essential but are advised. Join us and enjoy local King Valley wines, Prosecco cocktails, local beers and cider with your friends and family. Stylish motel accommodation is also available.

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03 5729 8270 • info@mvhotel.com.au
mvhotel.com.au

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175 King Valley Road, WHITFIELD
03 5729 8278 • talkdirect@pizzini.com.au
pizzini.com.au

Rock and Road Cycles
Bike hire, package tours, suggested itineraries and transfers along the Murray to Mountains Rail Trail and surrounding areas. On-the-spot repairs are available and they have an extensive range of parts and accessories. Stocking Giant and Trek bikes as well as e-bikes, Rock and Road Cycles are able to cater for all of your cycling needs.

21 Rowan Street, WANGARATTA
03 5721 4744 • rob@rockandroadcycles.com.au
rockandroadcycles.com.au
Tucked away between Beechworth and the Kiewa Valley, this perfect little nugget of a town with its totally intact gold rush streetscapes is also a great base to take off on some memorable, scenic rides.

Don't miss tucking into a pie from local institution, Gum Tree Pies or a locally brewed Two Pot beer at the Star Hotel, one of the best and friendliest country pubs in the High Country and the hub for Yack’s regular Wednesday night muso jam, a great warmup for the sensational Yack Folk Festival each March.

The shops on Main Street are great for hunting out old treasures or picking up some local art. There are some easily accessed walks along the once gold-rich creeks to stretch the legs.
MTB XC Paradise

Unashamedly raw and natural, mountain biking in Yackandandah is a cross country rider’s dream. The crew of keen locals who have built the trails used the stunning natural features of Stanley State Forest and remnants of old gold mining to create something truly special. There are plenty of tough climbs, but you will be rewarded with plenty of sweet flow too!

Beechworth – Yackandandah Loop

The challenging Big Ride, as it’s known by the locals, takes in 78kms of scenic roads and 1000m plus of climbing looping around Yackandandah, Mudgegonga and Beechworth. Including the impressive 10km climb up to Stanley plus plenty of smaller climbs and lumpy roads in between. What goes up, must come down, so get ready for some fun and fast descending.

Yack And Back

Or is that Beech and back? Regardless, with so many backroads between the two towns of Beechworth and Yackandandah, your options for a day loop through the native forest and pine plantations are almost endless. Start at either town and plot a route that matches your endurance and bike. But beware, some of the climbs really pack a punch!
INFO and SAFETY

MOUNTAIN BIKE PARKS AND TRAILHEADS

PARKS
FALLS CREEK
falls creek.com.au/mtb
@FallsCreekAlpineResort

MOUNT BEAUTY (BIG HILL MTB PARK)
tmb.org.au
Team Mount Beauty

BRIGHT (MYSTIC MOUNTAIN MTB PARK)
alpinecommunityplantation.com.au
alpinecyclingclub.com.au
@AlpineCyclingClub
@MysticParkBright

BEECHWORTH
beechworthchaingang.com.au
@bcgmtb

YACKANDANDAH (YACK TRACKS)
explore yackandandah.com.au
Yackandandah Cycling

MT BULLER
bike.mtbuller.com.au
@BikeMtbuller

DINNER PLAIN
visitdinnerplain.com.au/
cycling-mountain-biking
@Dinner.Plain

REPORTING RAIL TRAIL MAINTENANCE
To report rail trail maintenance issues please call:

MURRAY TO MOUNTAINS RAIL TRAIL
RURAL CITY OF WANGARATTA
council@wangaratta.vic.gov.au
03 5722 0888

INDIGO SHIRE
indigoshire@indigoshire.vic.gov.au
03 5728 8000

ALPINE SHIRE
info@alpineshire.vic.gov.au
03 5755 0555

GREAT VICTORIAN RAIL TRAIL
greatvictorianrailtrail.com.au
1800 RAIL

HIGH COUNTRY RAIL TRAIL
TOWONG SHIRE
towong.vic.gov.au
02 6076 2160

SAFETY
Dial 000 for police, fire and ambulance.

EMERGENCY VICTORIA
Before visiting the High Country, download the Vic Emergency App from your favourite app store and set up your watch zone.
emergency.vic.gov.au

REGIONAL ROADS VICTORIA
regionalroads.vic.gov.au

CFA
Vic Emergency Hotline 1800 226 226
cfa.vic.gov.au

VISITOR INFO centres

Accommodation and travel information across Victoria’s High Country.

BEECHWORTH
VISITOR INFORMATION CENTRE
103 Ford St, BEECHWORTH
1300 366 321
beechworthonline.com.au

BRIGHT
VISITOR INFORMATION CENTRE
14 Mair St, BRIGHT
03 5762 1749
enjoybenalla.com.au

MANSFIELD
VISITOR INFORMATION CENTRE
175 High St, MANSFIELD
1800 039 049
mansfieldmtbuller.com.au

ALPINE VISITOR INFORMATION CENTRE
31 Bogong High Plains Rd, MOUNT BEAUTY
1800 111 885
visitmountbeauty.com.au

MYRTLEFORD
VISITOR INFORMATION CENTRE
Post Office Complex, Great Alpine Rd, MYRTLEFORD
03 5755 0514
visitmyrtleford.vic.gov.au

RUTHERGLEN
WINE EXPERIENCE AND
VISITOR INFORMATION CENTRE
57 Main St, RUTHERGLEN
1800 622 871
explorerutherglen.com.au

WANGARATTA
VISITOR INFORMATION CENTRE
37 High St, YACKANDANDAH
02 6076 1988
uniqueyackandandah.com.au

HOW TO ENJOY YOUR RIDE

• Wear an approved helmet whenever riding.
• Carry adequate supplies of water and snacks.
• Always use sunscreen, even in winter.
• Carry a basic first aid kit.
• Always carry a tool/repair kit, pump and spare tube.
• If you plan to leave the beaten track, tell friends where you are going and when you plan to return.
• Carefully plan your route and carry a road map or trail guide if possible.
• Swooping magpies in early spring can be a problem; ask a local when and where nesting areas occur.
• Wear padded shorts if you have them, it will make your ride much more enjoyable.
• Know your limits, don’t overdo it and always ride well within your comfort zone.
• Take your mobile phone with you.
Located right on the Rail Trail cycle path, our extensive menu with local wines and craft beers can be enjoyed inside or out with views of Mt Buffalo. Perfect for planning your ascent! Join us for lunch, dinner or a drink at the start, finish or middle of your ride. Stay the night in our cycle friendly accommodation. See our website for seasonal opening times.

13 Nicholson St, Porepunkah, Vic 3740
5756 2111 | www.porepunkahpub.com.au
This rail trail is signed at regular intervals with markers that look like this: In case of emergency please call ‘000’ and quote the number on the nearest marker.
Falls Creek is more than your regular ride. It’s a 40km+ playground of pristine singletrack, fully shuttled, maintained and patrolled. Iconic trails in true mountain terrain, it’s the perfect mix for beginners through to pro. Riding Victoria’s High Country starts here.  falls creek.com.au